

Home Instructions Following Endodontic (Root Canal) Treatment

- Some soreness may be present in the treated area for up to 2 weeks. Over-the-counter pain relievers such as Ibuprofen (Advil, Motrin) usually provide adequate relief. We recommend you take a dose before the numbness is gone. The combination of Ibuprofen and Extra Strength Tylenol is a highly effective pain reliever. Ibuprofen is an anti-inflammatory and the XS Tylenol is a pain reliever. Finish any prescribed antibiotic.
- A temporary filling was placed in your tooth. It is normal for a small part of the filling to crumble. However, if you feel the majority of the temporary filling has dislodged, notify us immediately so it may be replaced. Failure to do so may jeopardize success.
- Within the month following the root canal you will need to replace the temporary filling with a permanent restoration. A post/core and crown is usually required. Failure to proceed within this time frame could result in loss of the tooth.
- Chew on the opposite side of your mouth. Avoid hard foods such as ice, candy, nuts etc. on the treated tooth until the final restoration is completed. *The tooth is weak and prone to fracture until the final restoration is completed. A bad fracture may necessitate extraction.*
- Pain in your gums may persist up to 1 week. Warm salt-water rinses are helpful. Pain in the tooth may persist 1-2 weeks following the root canal. Bruising in the bone usually takes 1-2 weeks to heal.
- If swelling or severe discomfort should occur, please contact our office.